

SPRING MINI RESET CHECKLIST

YOUR CREATIVE RESET STARTS HERE



“You don’t need a new year to reset. What you need is intention.”
— Technica Editorial, *Spring Forward: A Writer’s Reset*

SPRING FORWARD: THREE QUESTIONS TO ANSWER NOW

MY PROJECT RIGHT NOW

Project Title:

Genre / Format:

Where I left off:

Write what happens next (one sentence):

SPRING FORWARD: THREE QUESTIONS TO ANSWER NOW

SPRING

What project have I been circling but not committing to?

What draft needs momentum more than perfection?

Where have I been overthinking instead of writing?



SPRING MINI RESET CHECKLIST

Check off what you've done or will do this week:

- Clear my writing workspace (digital or literal)
- Re-read the last scene I wrote
- Write for 20 focused minutes today
- Revisit my project list, then prioritize one
- Write a 1-paragraph summary of what my project is really about
- Write the next true scene (not the whole book...just the next scene)
- Give myself permission to be messy!

MY 2026 WRITING INTENTIONS

Setting intentions as part of your reset will help you achieve your goals!

✓ MY INTENTIONS

By the end of spring (June), I want to:

By the end of summer (Sept), I want to:

By the end of 2026, I want to:

✓ MY MOMENTUM BOOSTERS

My best writing time of day:

My minimum viable writing session:

What I do when I'm stuck:

One person who keeps me accountable:

Tip: Aim for forward motion, not perfection.

Remember: 300 honest words on a Tuesday evening count.